Owen Hart Foundation Sylvan Lake 'May Long Weekend' Food Drive 2023

SYLVAN LAKE, AB, Monday May 22nd 2023 - The Owen Hart Foundation (OHF) happily presents their annual "OHF May Long Weekend' Food Drive" in support of the Sylvan Lake Food Bank. This initiative was started in 2020 by the OHF to help The Sylvan Lake Food Bank ensure families negatively impacted by COVID-19 would not suffer due to food insecurity. To date the OHF has collected tons of food and additional much needed funds in support of the Sylvan Lake Food Bank, with the amazing and continued assistance of the Marina Bay community as well as other very caring Sylvan Lake citizens.

This year the Owen Hart Foundation aims to collect even more food/funds for Sylvan Lake's Food Bank <u>BUT</u> needs the entire community's help to accomplish this goal!

Dr. Martha Hart stated, "I started this food drive when COVID-19 hit in 2020 with lockdowns and isolation devastating so many lives leading to joblessness and inevitable food insecurity. I had a vision that if all my Sylvan Lake neighbors and OHF committee members could leave a bag of food on their doorsteps and they could encourage their neighbors and friends to do the same, then perhaps I could collect it all and fill the shelves at the Sylvan Lake Food Bank for those families most in need. What I didn't expect was that so many generous OHF supports and Sylvan Lake residents would support this initiative! It is amazing to see how one small act of kindness has sparked the annual OHF 'May Long Weekend' Food Drive, an event of giving back to the community that the Owen Hart Foundation is extremely proud to spearhead.'

OHF Food Donation Drop Off Dates/Times/Locations: *All non-perishable food and funds can be dropped at the following:*

Date: Monday May 22nd 2023

Time: 1pm-2pm

Location: Marina Bay Clubhouse 102 Marina Bay Ct, Sylvan Lake, AB T4S 1E9

Media Contact

Dr. Martha Hart The Owen Hart Foundation Founder/Director <u>mhart@ucalgary.ca</u> (403) 681-3592

About The Owen Hart Foundation: The OHF was established in 2000 in memory of celebrated Canadian wrestler Owen Hart to help provide opportunities for hard-working people who have limited resources but unlimited potential. We encourage Calgarians to find out more about our OHF Easter 'Fill the Jeep' Food Drive Campaign in support of the Calgary Food Bank at: www.owenhartfoundation.org.